the MCA of NWN^C

CARE EDRALL

2025 Christian Leadership Conference

KEYNOTE SPEAKER: MIGUEL VIERA NOVEMBER 15 • 8:30AM-2:00PM











Conference Schedule (Friday- optional)

5:30pm

Check In and Cabin Assignment (Reynolds Building)

6:00pm

Dinner (Cantine)

8:00pm

Service Project (Paracord Lanyards for Veterans)

9:00pm

Campfire and S'mores

9:30pm

Games (Airnasium)

11:00pm

Lights Out & Quiet Time

Packing List for Overnight

- Pillow
- Sleeping Bag, Blankets or Sheets to fit a Twin Bed
- Comfortable Clothes (for warm and cold weather)
- Raincoat, Jacket
- Pajamas, Socks, Underwear
- Comfortable Walking Shoes, Hiking Boots
- Towels & Washcloths
- Toiletries
- Snacks
- Bug Spray
- Shower Shoes
- Medication
- Camera
- Flashlight & Extra Batteries
- Umbrella/Rain Gear
- Musical Instruments: Guitars, etc.
- Fishing Pole (optional, plenty available)

What Not to Bring

- Alcohol or Drugs
- Knives or Firearms
- Valuables
- Pets
- Candles
- Large Stereo Equipment

YMCA Camp Hanes is not responsible for lost or stolen items.

Conference Schedule (Saturday)

8:00am Check In

8:30am Welcome and Ice Breakers

8:50am Worship

9:30am Keynote Speaker

10:15am Question & Answer

10:45am Workshop Session I (choose one)

1. Caring Across Differences (Small Dining Hall)

2. Caring When It's Hard (Nature Room)

3. Mindful Refueling (BC Conference Room 1)

4. Communicating with Compassion (BC Conference Room 2)

11:55am Workshop Session II (choose one)

1. Caring Across Differences (Small Dining Hall)

2. Caring When It's Hard (Nature Room)

3. Mindful Refueling (BC Conference Room 1)

4. Communicating with Compassion (BC Conference Room 2)

1:05pm Lunch

Chicken Tenders and Salad Bar in Dining Hall

1:45pm Closing Remarks & Group Picture

2:00pm Open Activities

Options: fishing, nature walk/hike, rifle range & climbing wall

Workshop Topics & Leaders

Caring Across Differences

Led by Miguel Viera

Location: Small Dining Hall

Every person carries a unique story—and as Christian leaders, we're called to care across divides of experience, background and belief. This workshop explores what it means to show Christlike compassion to those who may be different from us. Learn practical ways to care for underserved children, individuals impacted by incarceration or addiction, and those navigating trauma. Together, we'll unpack the difference between cultural humility and cultural competency as we grow in love that bridges differences.

Caring When It's Hard

Led by David Caldwell

Location: Baker Center Nature Room

Caring isn't always easy—especially when relationships or situations are complex. In this session, you'll gain tools for navigating difficult conversations, setting healthy boundaries and extending compassion without burning out. Discover how to care for those who resist help, struggle to care for themselves or are simply hard to love—while protecting your own emotional and spiritual health in the process.

Mindful Refueling

Led by Nathan Pali

Location: Baker Center Conference Room 1

Even the most dedicated servant leaders can't pour from an empty cup. This reflective workshop invites you to pause, look inward and renew your spirit. Through mindfulness practices, self-awareness exercises and practical self-care strategies, you'll learn how to manage emotional labor, create a sustainable care plan and find space for rest and presence in the midst of ministry.

The Language of Care: Communicating with Compassion

Led by Joey Hundley

Location: Baker Center Conference Room 2

Words can heal—or harm. This session explores how the way we communicate shapes our ability to care for others. Learn to use language that builds trust, de-escalates conflict and affirms dignity, even when delivering difficult truths. With a focus on trauma-informed communication, tone and nonverbal cues, you'll leave equipped to speak with grace and compassion in every conversation.





NOTES: WORKSHOP I

PLACE WORKSHOP STICKER HERE





NOTES: WORKSHOP II

PLACE WORKSHOP STICKER HERE

