



TREASURE VALLEY YMCA COACH CODE OF CONDUCT

YMCA Sports are dependent upon volunteers and parents to act as role models within the program. It is your duty as a YMCA participant to uphold YMCA character values in your interactions with families, players, fellow coaches, school staff and others. As a YMCA Participant, in order to protect both yourself, your child and the YMCA you agree to the following:

- Coaches & Parents shall not leave a child unsupervised and shall not leave a practice/game site with children unaccounted for. Coaches & parents need also to be aware of who is responsible for picking up children.
- Coaches & Parents shall not abuse children including but not limited to:
 - Physical Abuse: Strike, Shake, Withhold Water, Exercise as Punishment
 - Sexual Abuse: Inappropriate Touch or Speech
 - Mental Abuse: Withhold Kindness, Be Cruel, Neglect
 - Verbal Abuse: Humiliate, Degrade, Threaten, Tease
- Coaches & Parents will monitor children at practice and games for possible signs of abuse. Indicators need to be passed on to YMCA Sports Coordinator for further investigation and follow-up.
- Coaches & Parents must use positive techniques of guidance including redirection, positive reinforcement and encouragement rather than competition, comparison and criticism.
- Coaches & Parents must treat children equally and with respect and consideration regardless of ability, sex, race, religion or culture.
- Coaches & Parents will refrain from intimate displays of affection toward others in the presence of their teams and parents.
- Coaches, Staff and Volunteers must present themselves in a clean, neat manner and must wear appropriate attire.
- Smoking; use of tobacco; consumption of alcohol; use of illegal drugs; misuse of prescription drugs during practices, games and in the presence of children is strictly prohibited.
- The rules of the game will be regarded as mutual agreements, the spirit of which shall be respected and unbroken. Coaches & Parents shall not attempt to undermine the rules or engage in behavior meant to circumvent rules.
- Coaches & Parents must portray a positive role model for youth by maintaining an attitude of respect, loyalty, commitment, courtesy, tact and maturity.
- Coaches & Parents will accept the decision of an official as being fair. Should a concern arise coaches will refrain from making derogatory comments and will respectfully discuss with the official. Any unresolved issue will not be handled at the game and the coach will contact YMCA Sports Coordinator for follow-up.
- Abuse of players, referees, families, volunteers and coaches will not be tolerated; All coaches & parents must act with respect toward others. Coaches & Parents will not make negative or demeaning comments toward any individual.
- Coaches & Parents will relay any problems, questions, comments in regard to officials, rules, parents/player issues, schools to YMCA Sports Coordinator in a timely manner taking time to consider the full situation and not allowing the feelings to dictate decision-making.
- Coaches & Parents must remember: While winning is desirable, it is not the most important outcome. Role model and teach your players to respect opponents and win / lose with honor.

I understand that youth development is the primary focus of YMCA Sports and should I violate the code of conduct or act outside the values of caring, honesty, respect and responsibility I may be removed from a facility and/or may be prohibited from attending YMCA Sports programs.



TREASURE VALLEY YMCA

GYM EXPECTATIONS

YMCA Sports are dependent upon school district facilities in order to provide positive experiences for youth. It is your duty to uphold YMCA character values in your interactions with and treatment of both the facility and school district staff. You must agree to the following in order to use school district facilities:

- Players are not allowed on school property without a coach or parent supervision. Players must be supervised at all times, including program space, bathrooms and outside spaces.
- Floor and space must be cleaned prior to practice and immediately following practice. This includes ALL trash and ALL spills.
- Food and drink is strongly discouraged in facilities. The only exception is water.
- Placing any sort of tape or marking on a court or wall is strictly prohibited.
- Should a spill, vandalism or damage occur during your visit it must be reported to the custodian on duty before leaving the facility. It must also be reported to your YMCA Sports Coordinator immediately.
- Only team members who are participating are allowed at the school for practice. In the event a sibling must attend practice they **MUST** remain in the gym the entire period.
- Standard practice time is 1 hour (YMCA Sports) to 1.5 hours (AAU). You may not arrive early and may not go over your allotted practice time.
- Due to space limitations, teams may need to double up/share space for practice. Please be respectful of the other team's space. No team has priority over another, regardless of age, level and experience and it is not your role to ask the team to leave.
- Only basketballs are allowed in the gym. No balls may be bounced in the hall.
- Smoking; use of tobacco; consumption of alcohol; use of illegal drugs; misuse of prescription drugs on school district property is prohibited.
- Coaches are ultimately responsible for the actions of the team members and family members of the team, along with any other visitors associated with the team. Coaches must effectively communicate these expectations to the individuals mentioned above. If an issue arises out of your control, contact your YMCA Sports Coordinator immediately.
- Abuse of school staff will not be tolerated; coaches must act with respect toward others. Coaches will not make negative or demeaning comments toward any individual.

I understand that the relationship between the school district and YMCA is imperative to the program's success. I also understand that should I, my team or anyone associated with my team violate the code of conduct or act outside of the YMCA values of caring, honesty, respect and responsibility while within the facility, use of the facility will no longer be available to my team and no other arrangements will be made.



TREASURE VALLEY AAU

GAME RULES SPECIFIC TO TVA AU

These rules apply for all Treasure Valley AAU regular season and league tournament games. If not indicated below, Treasure Valley AAU adheres to the NFHS basketball rules used by the Idaho High School Activities Association.

- Home team is listed on the **left** in the game schedule and will wear white jersey if there is a color conflict. Home Team's bench is located, when facing the court from the bench, to the score table's right. When facing the bench, to the left.
- Home team provides volunteer for the official scorebook and tallies the final score.
- Visiting team runs the clock. Visitor's bench is to the left of the scorekeeper when facing the court.
- Prior to the game, teams warm up at the basket opposite their bench.
- The color of any shirt worn under jersey must match the jersey color or be white in color; bring a white and colored shirt to each game.
- No press with a 20 point lead; "press" is defined as any full or half court press or trap. First offense team receives warning; second offense coach receives technical foul
- 7 minute quarters for 5th-7th grade and 8 minute quarters for 8th and 9th grade.
- 2 Timeouts per half with no carryovers; 1 minute for each timeout.
- 3 minutes between halves.
- Overtime is 3 minutes. Start with a jump ball. 1 time out per each team.
- 2nd overtime is sudden death. First to score after jump ball wins. No timeouts.
- 2 technical fouls within a game by a single coach or player results in ejection from the game and the gym. Failure to do so will result in the team forfeiting the game.
- If the referee or gym monitor considers a coach, parent or spectator verbally abusive the referee will warn the coach to control that person. If the abuse continues a technical foul will be charged to the team and the coach, parent or spectator must leave the facility. The YMCA gym monitor has the authority to remove any individual considered disrespectful and divisive. Failure to do so will result in the team forfeiting the game.
- Any technical, flagrant, or intentional foul is an automatic 2 points and possession of the ball for the opposing team.
 - *NOTE: Any person receiving 2 technical fouls in a season may be removed from the program. All situations are reviewed by YMCA Sports Office. No refund provided.*
- Only one coach per team will be allowed to stand in front of the team bench and speak with the official. All coaches on the bench must have an AAU card. Bench coaches must remain seated during play. If not followed a technical foul can be called on bench coaches.
- Each player that is on your roster and is sitting on the bench, must play in the game, unless he/she is sick or injured. The amount of playing time is up to the coach. The recommended playing time is for each player is 1 quarter. *This rule is waived for the end of the season tournament.*

IT IS THE RESPONSIBILITY OF COACHES TO BE FAMILIAR WITH THE NATIONAL FEDERATION OF HIGH SCHOOL BASKETBALL RULE BOOK. IF YOU ARE NOT FAMILIAR AND HAVE INTEREST IN ATTAINING A BOOK A COPY MAY BE PURCHASED FROM WWW.NFHS.ORG. BOTH PHYSICAL AND DIGITAL VERSIONS ARE AVAILABLE.

Please contact the on-site YMCA gym monitor for any emergencies or issues on game day.

Evaluations of officials, coaches and spectators are with your YMCA gym monitor and online at www.treasurevalleyaau.org.